COVID-19 When to Quarantine

FOR ADDITIONAL QUESTIONS CALL YOUR COUNTY HEALTH DEPARTMENT

WHEN TO START AND END QUARANTINE

SCENARIO 1: CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19—WILL NOT HAVE FURTHER CLOSE CONTACT

SCENARIO 2: CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19—LIVE WITH THE PERSON BUT CAN AVOID FURTHER CLOSE CONTACT

You should stay home for 14 days after your last contact with a person who has COVID-19.
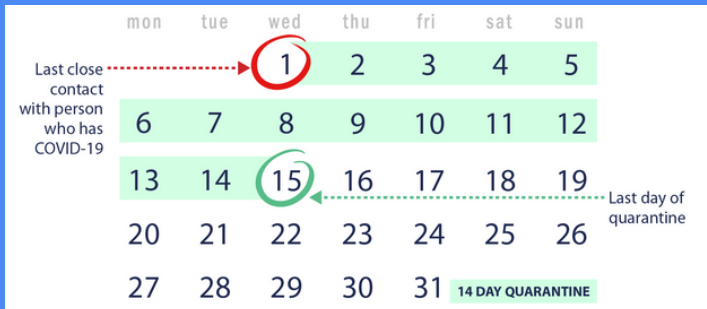
For all of the following scenarios, even if you test negative for COVID-19 or feel healthy, you should stay home (quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.

I had close contact with someone who has COVID-19 and will not have further contact with the person while they are sick (e.g., co-worker, neighbor, or friend). My last day of **quarantine is 14 days from the date you had close contact.**

Date of last close contact with person who has COVID-19 + 14 days = end of quarantine

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated. My last day of **quarantine is 14 days from when the person with COVID-19 began home isolation.**

Date person with COVID-19 began home isolation + 14 days = end of quarantine

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SCENARIO 3:
UNDER QUARANTINE AND HAD ADDITIONAL CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19?

Do I need to restart my quarantine?
Yes. I will have to restart my 14-day quarantine from the last day I had close contact with anyone in my house who has COVID-19.

Any time a new household member gets sick with COVID-19 and I had close contact, I will need to restart my 14-day quarantine.

SCENARIO 4:
LIVE WITH SOMEONE WHO HAS COVID-19 AND CANNOT AVOID CONTINUED CLOSE CONTACT

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet. I should **avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation.**

Date the person with COVID-19 ends home isolation + 14 days = end of quarantine.